

Driving Health Allocator Training Program (DHAT)- Program Information

Project ID: 29762

Project title: Driving Health Allocator Training Program

A/Prof Ross Iles

Insurance Work and Health Group,
School of Public Health and Preventative Medicine
Phone: 03 9903 0776
email: info@drivinghealth.net

- You are invited to take part in this training program.
- Taking part is entirely voluntary and there will be no cost to you.
- You can stop at any time.
- All information you provide will be anonymous and remain confidential.

If you would like further information regarding any aspect of this project, please contact the researchers via the phone number or email address listed above or visit drivinghealth.net.

What does the training program involve?

The DHAT program forms part of the final phase of the Driving Health project: Intervention Development - Developing research-based strategies to improve the health of truck drivers. This electronic resource can be completed on a computer, mobile or tablet and is based on research conducted as part of the Driving Health Project (Monash University) including:

- 1) Analysis of workers' compensation data: Work-related injury and illness in truck drivers;
- 2) Online survey: overview of the mental and physical health of 1390 Australian truck drivers;
- 3) Telephone survey: Detailed information from 332 Australian truck drivers on the factors impacting their health and wellbeing;
- 4) Interviews with truck drivers and family members on risks and protective factors of health and wellbeing in Australian truck drivers.

The results from these 4 components were combined and used to develop the DHAT program in collaboration with representatives from the transport industry and investigators, with the aim to improve the health of truck drivers in Australia.

The DHAT program is a **FREE 15-20 min online** training program collecting anonymous information and providing some training/information for you as well. It will contain the following:

Section 1: You will be asked some questions about your work as an allocator/supervisor or line manager of truck drivers.

Section 2: You will be asked a series of questions about your understanding of the health and wellbeing of truck drivers and the factors impacting this.

Section 3: You will have access to a short video presenting some information about the health and wellbeing of truck drivers, the factors that influence this and a “real-world” scenario between an allocator and a driver struggling with their wellbeing.

Section 4: You will be asked the same series of questions as in Section 2.

Source of funding

This project is funded by an NHMRC Partnership Project grant (ref APP1169395), incorporating funding from Monash University, Linfox Australia Pty Ltd, the Centre for Work Health and Safety and the Transport Workers Union (TWU). The *Driving Health* study partners include representatives from three major parts of the transport sector including workers (TWU), employers (Linfox) and government (Centre for Work Health and Safety).

Consenting to participate in the project and withdrawing from the research

By completing this online training program, you are providing consent to take part in the training program. Your responses will be anonymous and at no stage will we be able to identify you or your employer. Taking part in the training program is completely **voluntary** and you can stop at any point.

Possible benefits and risks to participants

Completing this program will give you the opportunity to increase your awareness and understanding of the factors impacting driver health and wellbeing, and also identify what factors you can have influence over. This in turn could contribute to improved truck driver wellbeing and ultimately make your job as allocator easier. Completing this program poses no risk to you.

Confidentiality

Access to the data is restricted to Monash University research team and a third party responsible for software management through password-protected accounts. The training program will not collect any information that will make it possible to identify you or your employer. The study has been approved through the Monash University Human Ethics Committee (29762).

To make a difference in the truck driving industry we will let others know what we found. The program outcomes will be reported in study publications, reports and presentations, however, all data is non-identifiable and no individual will be identified from the research.

Storage of data

All electronic study data will be stored at Monash University as per the privacy and confidentiality policies, including secure access through an encrypted network and backup in a secure data centre. The School of Public Health and Preventive Medicine at Monash University conducts an annual audit to ensure compliance to ‘good practice and ethical and regulatory’ requirements.

Monash University requires that data and study documentation is retained for at least seven years following study closure. The Primary Investigator is responsible for overseeing the destruction of such documentation, including confidential information, with the support of the School of Public Health and Preventive Medicine’s Research Manager in accordance with the data destruction policy. All electronic data, including all back-up copies, are destroyed in this process.

School of Public Health and Preventative Medicine

553 St Kilda Road

T: +61 3 9903 0776

E: info@drivinghealth.net

www.monash.edu

ABN 12 377 614 012 CRICOS Provider 00008C

Results

We expect preliminary results to be available in mid-2022. If you would like to receive a summary of any study results or other outputs from the study, please request from Associate Professor Ross Iles using the contact details listed above, or visit drivinghealth.net.

Complaints

Should you have any concerns or complaints about the conduct of the project, you are welcome to contact the Executive Officer, Monash University Human Research Ethics Committee (MUHREC):

Executive Officer
Monash University Human Research Ethics Committee (MUHREC)
Room 111, Chancellery Building D,
26 Sports Walk, Clayton Campus
Research Office
Monash University VIC 3800

Tel: +61 3 9905 2052 Email: muhrec@monash.edu Fax: +61 3 9905 3831

Thank you,



Dr Ross Iles